July 27, 2025 | Stay Faithful
Marty Rietgraf, Discipleship Pastor | Exodus 20:14

sermon notes

“ You shall not commit adultery. ” (Exodus 20:14).

1. Why did God give us the gift of sex?
   a) PROCREATION
      Genesis 1:27-28, “ God blessed them and said to them, “ Be fruitful and increase in number, fill the earth and subdue it. ”
   b) PLEASURE
      * BIOLOGICAL Realm
      * BIBLICAL Realm (see Proverbs 5:18-19 and Song of Solomon 4:16)
   c) ONENESS
      Genesis 2:24, “ For this reason a man will leave his father and mother and be united to his wife, and they will become one flesh. ”
      (See Mark 10:8-9, 1 Corinthians 6:16 and Song of Solomon 4:12)

2.How do we misuse God ’ s gift of sex?
   a) ADULTERY
      Hebrews 13:4, “ Marriage should be honored by all, and the marriage bed kept pure, for God will judge the adulterer and all the sexually immoral. ”
   b) PREMARITAL sex:
      1 Thessalonians 4:3, “ It is God ’ s will that you should be sanctified; that you
      should avoid sexual immorality. ”
   c) LUST: Pornography
      Matthew 5:27-28: “ You have heard that it was said, ‘ Do not commit adultery. ’ But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart. ”

In Christ there is …

going deeper

Take a moment to pray. Talk to God about the ways you have misused His gift of sex and pray for the Holy Spirit ' s help in illuminating God ' s Word to you.

Share something you have seen recenty that has made light of sexual immorality.

What are some of the popular lies that are pervasive in our culture about sex.

Read Proverbs 5 and 6:20-35. Make a list of reasons that are given in these passages to avoid sexual immorality. Which reason is the most powerful for you?

Read 1 Thessalonians 4:1-8. List at least 7 reasons that are given in this passage to pursue sexual purity. Which reason is the most powerful for you?

Read Matthew 5:27-30. What are steps you need to take to pursue sexual morality?

What do you need from Christ right now in this area?

Recommended Resources for pursuing purity and strengthening your marriage:
Internet Filter: Covenant Eyes – www.covenanteyes.com
Books
* Sheet Music and Turn up the Heat by Kevin Leman
* The Purity Principle by Randy Alcorn
* The Resolution for Men by Alex and Stephen Kendrick
* Sexual Detox by Tim Challie
* Every Man ' s (or Young Man ' s) Battle by Stephen Arterburn
* Every Woman ' s (or Young Woman ' s) Battle by Shannon Ethridge
* Total Forgiveness by R.T. Kendall
* Sacred Marriage by Gary Thomas
* His Needs, Her Needs by Willard Harley

Web Resources
* www.purelifeministries.org
* Joshuabroome.me
* www.pluggedin.com (Christian review of media)
* www.focusonthefamily.com and www.familylife.com
* www.lifeway.com/en/product-family/true-love-waits
* YouVersion Bible with many studies on pornography.

upcoming

Men ' s Summer Event | Sat, Aug. 9th | 3pm | See Events tab for info/RSVP
Vision Sunday | Sun, Aug. 24th
Congregational Meeting | Sun, Aug 24th | See Events tab for info/childcare RSVP