October 19, 2025 | What God Did That You Can ’ t
Ross Harrison, Senior Pastor | Romans 8:1-4

SERMON NOTES

Paul reminds us that when you belong to Jesus, 3 life-changing realities are now true of you. You are…

1. Free From CONDEMNATION (v.1)

No GUILT. No SHAME. No CONDEMNATION.

2. Free In CHRIST (v.2-3)

Freedom in Christ isn ’ t ACHIEVED; it ’ s RECEIVED.

3. Free To LIVE (v.4)

SAVED to be Spirit-led.

Romans 8:3
For what the law was powerless to do because it was weakened by the flesh, God did by sending his own Son in the likeness of sinful flesh to be a sin offering. And so he condemned sin in the flesh…

What the law demanded, Jesus FULFILLED.

What our flesh could not do, Jesus ACCOMPLISHED.

GOING DEEPER

Take a moment to pray. Confess your need for the Holy Spirit ’ s help in illuminating God ’ s Word to you.

Read Romans 8:1-4 a few times aloud slowly. If you ’ re in a group, take some time to share some initial observations from this passage.

Head: Understanding the Text

1. According to verse 1, who is free from condemnation? What is condemnation?

2. What are the differences between “ the law of the Spirit ” and “ the law of sin and death? ” See Galatians 5:16-26 to help navigate the differences.

3. How did God do what the law could not do (v.3-4)? What role did Jesus play in that?

Heart: Personal Reflection

4. When are you most tempted to live as if you ’ re still condemned?

5. Where do you still try to earn God ’ s approval rather than rest in Christ ’ s finished work?

6. What difference does it make to know the Spirit lives in you right now to empower obedience?

Hands: Living It Out

7. This week, how can you practically walk according to the Spirit instead of the flesh? (Name one situation or habit)

8. How could you remind someone else in your life that there is no condemnation for those in Christ? Whether they believe in Jesus or not, how are you sharing the light of this hope and truth of your own life with others?

Take a moment to pray (if in a group, pray for one another) and ask God to help you live a life according to the Holy Spirit (v.4) and trust in Christ ’ s accomplished

UPCOMING

Night of Worship & Prayer | Fri, Oct. 24th | 7pm
Baptism Classes | Oct. 26th, 10:30am or Oct. 27th, 6:30pm | RSVP in app
Women ’ s Brunch Special Mini Conference | Sat. Nov. 15th, 9:00am | RSVP in app